GOVERNMENT OF INDIA
HUMAN RESOURCE DEVELOPMENT
LOK SABHA

UNSTARRED QUESTION NO:2302
ANSWERED ON:31.07.2017
Education on Yoga and Naturopathy
Chautala Shri Dushyant;Kodikunnil Shri Suresh;Sathyabama Smt. V.;Sreeramulu Shri B.;Verma Shri Rajesh

Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:

(a) whether the Government proposes to make yoga a compulsory subject in all the schools including schools under the Central Board of Secondary Education (CBSE) and if so, the details thereof;
(b) whether the Government proposes to appoint certified yoga trainers and doctors of Naturopathy in all the Government schools at all levels to promote Yoga and Naturopathy and if so, the details thereof;
(c) whether the Government has sanctioned any funds for promoting Yoga Courses in the country and if so, the details thereof along with the details of utilization of funds, State/UT-wise; and
(d) whether the Government is planning to establish more number of Yoga Universities in the country and if so, the details thereof ?

Answer

MINISTER OF STATE IN THE MINISTRY OF HUMAN RESOURCE DEVELOPMENT
(SHRI UPENDRA KUSHWAHA)

(a) As per the National Curriculum Framework (NCF) 2005, Yoga is an integral part of Health and Physical Education at all level of school education. For schools affiliated to Central Board of Secondary Education (CBSE), which has adopted National Council of Educational Research and Training (NCERT) curriculum and syllabi, Health and Physical Education is compulsory for Classes I to X and optional at classes XI and XII.
(b) Education being a subject in the Concurrent List of the Constitution, and the majority of schools being under the jurisdiction of the State Governments, appointment of yoga trainers and doctors of Naturopathy is the responsibility of the concerned State/Union Territory (UT) Government.
(c) Ministry of AYUSH has informed that the Morarji Desai National Institute of Yoga (MDNIY), an autonomous institute under that Ministry, has utilized a sum of Rs. 4.00 crore for the conduct of programmes/Yoga courses during the year 2016-17. The details of the programmes/Yoga courses run by MDNIY are as under:
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No.
Course /Programme Duration
1. B.Sc. (Yoga Science) 3 years
2. Diploma in Yoga Science for graduates One year
3. Certificate Course in Yoga Science for Special Interest Groups
4 months
4. Foundation Course in Yoga Science for Wellness (FCYScW)
1month
5. Certificate in Yogasana for Health Promotion 3 months
6. Certificate in Pranayamaand Meditation for Health Promotion
3 months
7. Advance Yoga Sadhana 6 months
8. Health Promotion Programe (HPP) 1month
9. Yoga Therapy Programmes 1month
10. Individual Special Yoga Therapy sessions 45 minutes to 1 hour.
11. Saturday Yoga Training Programme Only on Saturday

12. Yoga Workshop for Children (YWC) 1 month (May to June)
13. Yoga Fest & others Promotion activates Feb. & March.
14. Preventive Health Care Units Continuous activity
15. Yoga Therapy Centre etc. Continuous activity
16. Yoga Training Programmes are being conducted at the 4 SAI stadia Continuous activity
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The University Grant Commission (UGC) has granted Rs. 10 crore each to the following six identified Central Universities to start Yoga Departments:
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1. Hemwati Nandan Bahuguna Garhwal University, Uttarakhand;
2. Visva Bharti Shantiniketan, West Bengal;
3. Central University of Rajasthan;
4. Central University of Kerala;
5. Indira Gandi National Tribal University, Madhya Pradesh; and
6. Manipur University.
(d) There is no proposal to establish more number of Yoga Universities in the country at present.
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